## What is claimed is:

1. A stowage cabinet for a motor vehicle comprising:

a front, a back, and sides therebetween;

a cabinet cleat top extending from the front toward the back and being located between the sides;

a cabinet bracket having an angled proximal end and a linear end and projecting outwardly at the angled proximal end toward the back; and

a lateral support extending toward and mounted to one of the sides of the cabinet.

2. A stowage cabinet for a motor vehicle of claim 1, wherein the cabinet cleat further comprises:

a base having openings and projecting from the angled proximal end of the cabinet bracket toward the front; and

wherein the base mounts to the cabinet cleat top with cabinet fasteners extending through the openings and into the cabinet cleat top.

3. An apparatus for a motor vehicle with a frame having a roof comprising:

a stowage cabinet having a front, a back, and sides therebetween;

a cabinet cleat top extending from the front toward the back and being located between the sides of the cabinet;

a cabinet cleat mounted to the cabinet cleat top, the cabinet cleat comprising a base, and a cabinet bracket having an angled proximal end and a linear end and projecting outwardly from the base at the angled proximal end toward the back of the cabinet

a roof cleat engaging the cabinet cleat, the roof cleat comprising a plate, a roof bracket having an angled plate end and extending outwardly from the plate at the angled plate end, and a hook extending from the roof bracket distal to the plate; and

fastening means for fastening the roof cleat to the roof.

- 4. An apparatus for a motor vehicle having a roof of claim 3, wherein the linear end distal to the base engages the hook.
- 5. An apparatus for a motor vehicle having a roof of claim 4, wherein the cabinet cleat mounts to the cabinet cleat top with cabinet fasteners extending through openings in the base and into the cabinet cleat top.
- 6. An apparatus for a motor vehicle having a roof of claim 5, wherein the fastening means further comprises:

roof fasteners extending through apertures in the plate and into the roof.

7. An apparatus for a motor vehicle having a roof of claim 6, wherein the cabinet cleat further comprises:

a lateral support extending outwardly from the base and mounted to one of the sides of the cabinet.

8. A method of installing a stowage cabinet within a motor vehicle frame with a roof, the method comprising the steps of:

providing a roof cleat comprising a plate, a roof bracket having an angled plate end and extending outwardly from the plate at the plate end, and a hook extending from the roof bracket distal to the plate;

positioning the roof cleat onto the roof;

fastening the roof cleat to the roof;

aligning a cabinet cleat on the stowage cabinet with the roof cleat;

nesting the cabinet cleat within the hook of the roof cleat; and

attaching the stowage cabinet to the motor vehicle frame.

9. A method of installing a stowage cabinet within a motor vehicle frame with a roof of claim 8, further comprising the step of:

fastening the cabinet cleat and the roof cleat together.

10. A method of installing a stowage cabinet within a motor vehicle frame with a roof of claim 9, wherein the cabinet cleat further comprises:

a base, and a cabinet bracket having an angled proximal end and a linear end and projecting outwardly from the base at the angled proximal end.

11. A method of installing a stowage cabinet within a motor vehicle frame with a roof of claim 10, wherein the cabinet cleat further comprises:

a lateral support extending outwardly from the base and mounted to one of the sides of the cabinet.

12. A method of installing a stowage cabinet within a motor vehicle frame with a roof of claim 10, further comprising the steps of:

supporting the roof cleat against the roof with a fixture having a head with four sides, and a shoulder extending from a second side of the head and extending away from a third side of the head opposite; and

removing the fixture from the roof cleat once the roof cleat is fastened to the roof.

13. A method of installing a stowage cabinet within a motor vehicle frame with a roof of claim 12, further comprising the step of :

nesting the fixture within the roof cleat.

14. A method of installing a stowage cabinet within a motor vehicle frame with a roof of claim 13, further comprising the step of:

aligning throughholes in the head with apertures in the plate before fastening the roof cleat to the roof.

15. A method of installing a stowage cabinet within a motor vehicle frame with a roof of claim 14, wherein the cabinet cleat further comprises:

a lateral support extending outwardly from the base and mounted to one of the sides of the cabinet.